



## COVID-19: IDENTIFYING THE SYMPTOMS

| SYMPTOMS                                                                                                        | COVID-19                           | COLD                      | FLU                                |
|-----------------------------------------------------------------------------------------------------------------|------------------------------------|---------------------------|------------------------------------|
|                                                                                                                 | Symptoms range from mild to severe | Gradual onset of symptoms | Abrupt onset of symptoms           |
| <b>Fever</b>                   | Common                             | Rare                      | Common                             |
| <b>Cough</b>                   | Common                             | Common                    | Common                             |
| <b>Sore Throat</b>             | Sometimes                          | Common                    | Sometimes                          |
| <b>Shortness of Breath</b>   | Sometimes                          | No                        | No                                 |
| <b>Fatigue</b>               | Sometimes                          | Sometimes                 | Common                             |
| <b>Aches &amp; Pains</b>     | Sometimes                          | No                        | Common                             |
| <b>Headaches</b>             | Sometimes                          | Common                    | Common                             |
| <b>Runny or Stuffy Nose</b>  | Sometimes                          | Common                    | Sometimes                          |
| <b>Diarrhea</b>              | Rare                               | No                        | Sometimes, especially for children |
| <b>Sneezing</b>              | No                                 | Common                    | No                                 |

Adapted from material produced by WHO, Centers for Disease Control and Prevention.

It is very difficult to distinguish between the symptoms of COVID-19, influenza and a cold. If you have any infectious or respiratory symptoms (such as a sore throat, headache, fever, shortness of breath, muscle aches, cough or runny nose) don't go to work. You need to self-isolate and to be assessed by a medical professional. You may need testing for COVID-19. You must not return to work until cleared by a medical professional. You need to ensure that the people you care for are protected and safe.

**TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY**

For more information about **Coronavirus (COVID-19)** visit [health.gov.au](https://www.health.gov.au)